

# **Boys & Girls Clubs of America**

**Overview Presentation** 

March 2022

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Program Consultant: Dianne Derricott



## **Program Introduction Video**

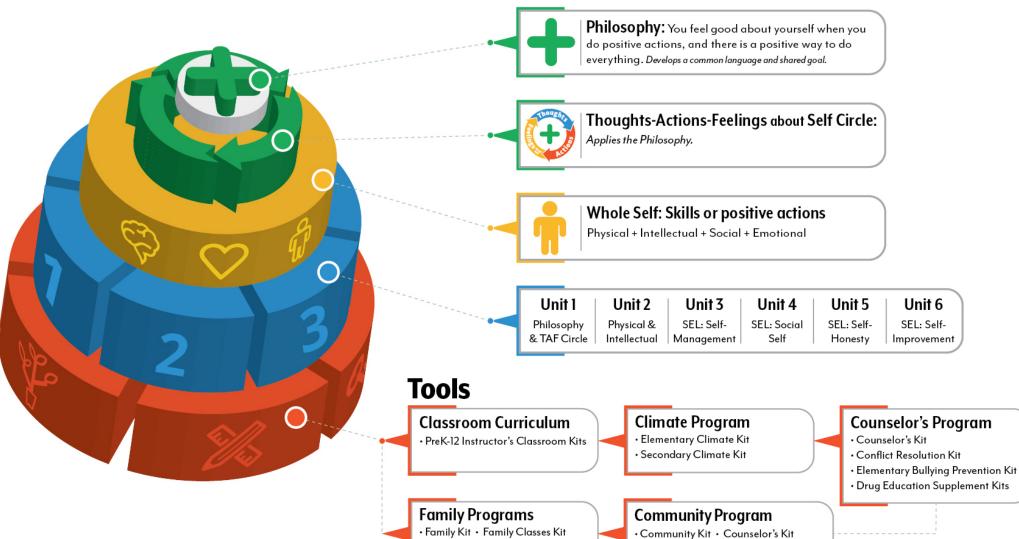
Video can be downloaded here:

https://files.positiveaction.net/public/program-overview

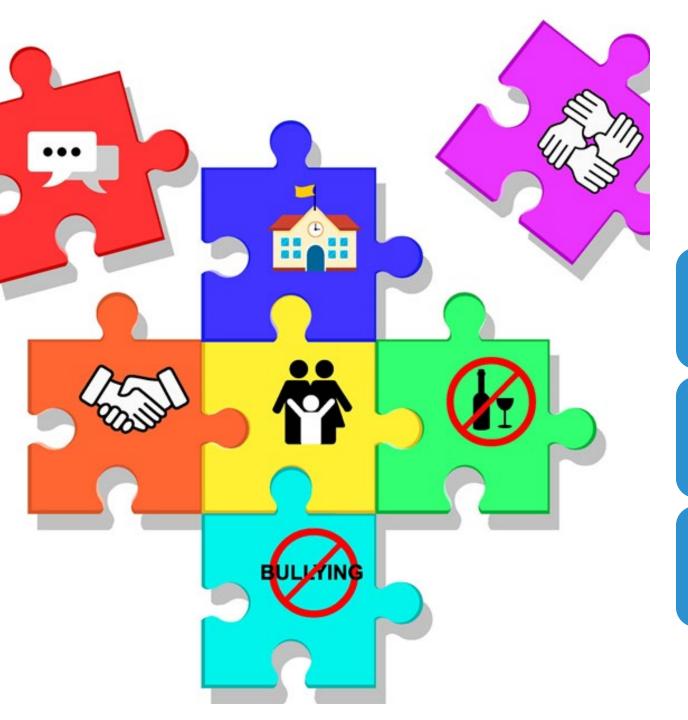
# The Positive Action System



Conflict Resolution Kit
 Family Kit
 Media Kit



Parenting Classes Kit



# Applying the Positive Action System

Teaches the Behavior Process (Knowledge)

- An Intuitive (universal) Philosophy
- A Think + Act + Feel about Self + Circle

Teaches Skills Development of Social, Emotional,
 Physical and Intellectual areas (Six Units)

**Develops Climate** 

 By Applying, Practicing and Reinforcing the skills (positive actions)

# Philosophy

You feel good about yourself when you do POSITIVE ACTIONS

And there is a POSITIVE
Way to do EVERYTHING!

# The Philosophy is Depicted by the Thoughts + Actions + Feelings about Self Circle



and Feelings lead to more Thoughts

This Circle can be Positive or Negative

## The Philosophy Teaches Motivation

#### **Extrinsic Motivation:**

The reward is something given to us externally

#### **Intrinsic Motivation:**

The reward is the good feeling we get internally



# The Philosophy: There is a Positive Way to do Everything

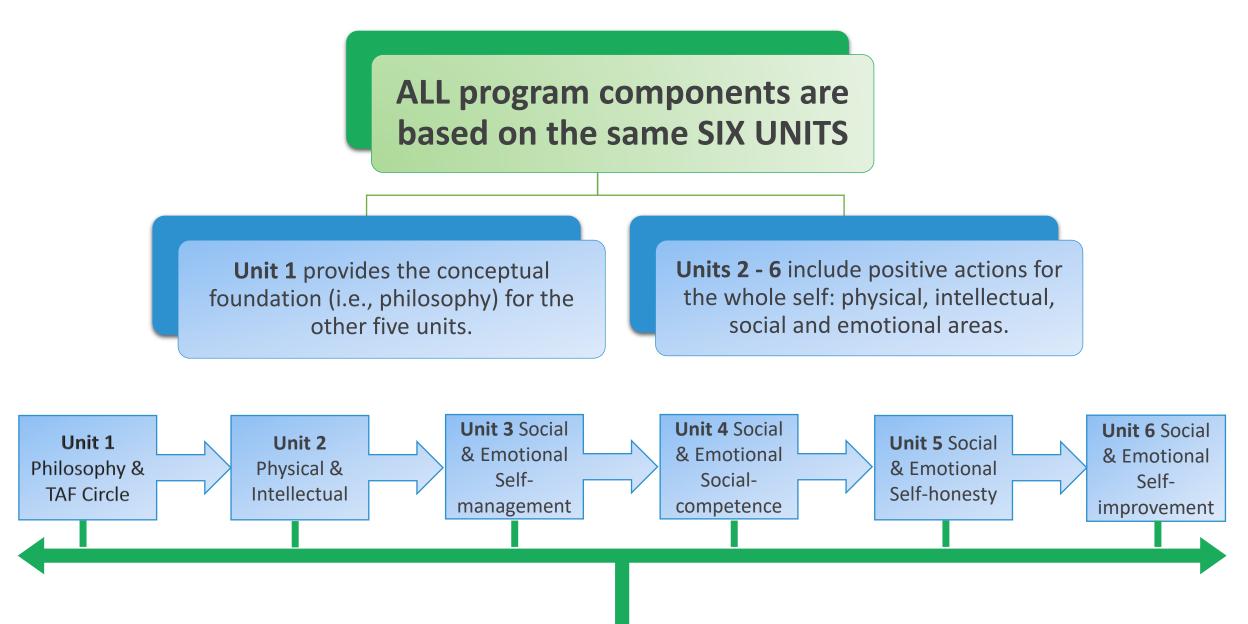
- + Be optimistic, hopeful and resilient.
- + Be **positive** rather than negative.
- + Know that you can't control everything, but you can control how you react.



<sup>&</sup>quot;You may not control all the events that happen to you, but you can decide not to be reduced by them."

— Maya Angelou, Letter to My Daughter

# **Knowledge & Skills are Taught Through Six Units**



# Unit 1: Philosophy & Self-Concept



- + Philosophy
- + Think + Act + Feel about Self + Circle
- + General skills or positive actions
- + Self Concept



# Unit 2: Healthy Body & Mind



### Physical Positive Actions

- + Exercising
- Keeping clean
- Eating nutritiously
- Maintaining good dental health
- + Avoiding Illnesses
- Avoiding harmful substances
- + Refusing to abuse
- + Getting enough sleep & rest

#### Intellectual Positive Actions

- Solving problems well
- Making good decisions
- + Being motivated to learn
- Having good thinking skills
- Having good study habits
- + Valuing learning

# Unit 3: Self-Management



## Managing Yourself Responsibly

- Managing thoughts
- Managing actions
- Managing feelings
   (love, anger, worry, jealousy, feelings of pride, fear,
   loneliness, discouragement, thankfulness)
- + Managing time/energy
- + Managing money
- Managing possessions
- + Managing talents



## **Unit 4: Social Skills**



#### Getting Along with Others

- + Treating others the way you want to be treated
- Seeing the good in others
- Respecting others
- + Saying nice things to others
- + Showing appreciation
- Showing empathy
- Showing fairness
- Showing kindness
- Showing cooperation
- Avoiding bullying



# Unit 5: Self-Honesty



#### Being Honest with Yourself and Others

- + Being in touch with reality
- + Telling yourself the truth
- Telling others the truth
- Not blaming others
- Not making excuses
- Not rationalizing
- + Knowing your strengths and weaknesses
- + Doing what you say you will do



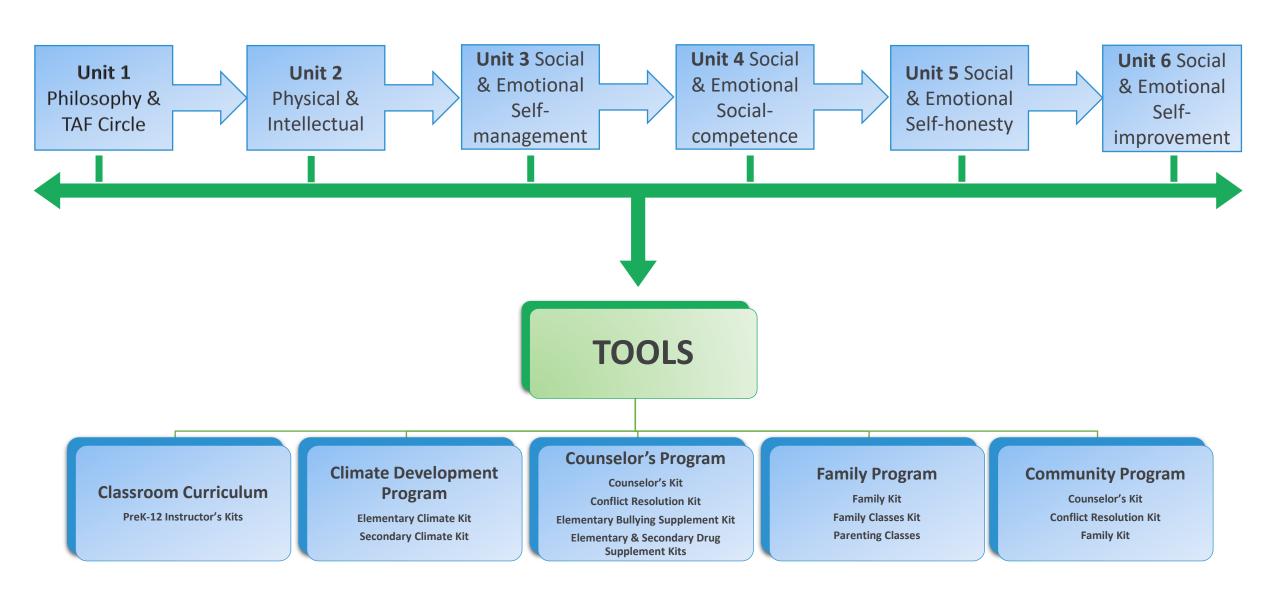
# Unit 6: Self-Improvement

### Improving Yourself Continually

- Setting physical goals
- Setting intellectual goals
- Setting social and emotional goals
- + Believing in your potential
- Having courage to try
- Turning problems into opportunities
- + Persisting
- + Broadening your horizons



# **Knowledge & Skills in the Tools**





# Elementary Kits

**Engaging & Ready-to-go** 

#### Pre-K:

 130 lessons / 5-minute interactive, scripted lessons

#### K-5:

 140 lessons / 15-minute interactive, scripted lessons

Materials: 30 students

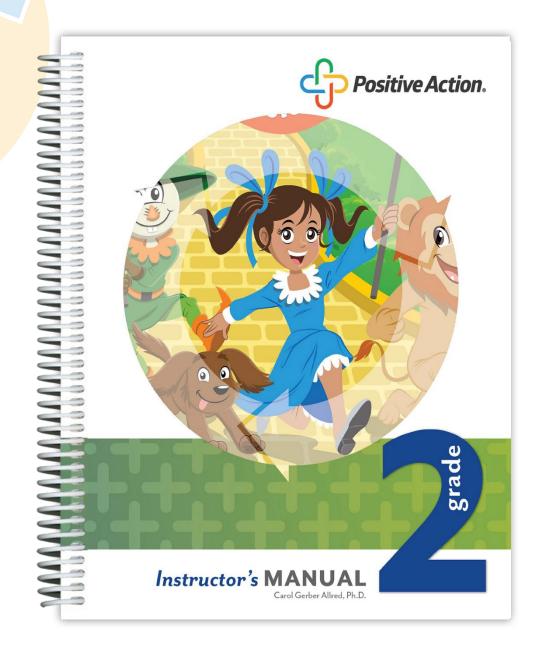
#### Lesson strategies & methodologies:

- Puppets, games, poems
- Role-playing, stories
- Plays, discussions, journals
- Music, stickers
- Colorful, interactive posters

# Grade 2 Kit Contents



# Instructor's Manual

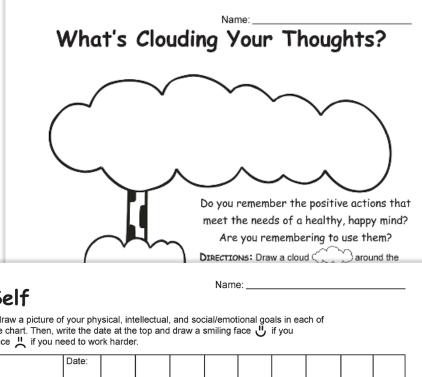


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ACTIVITY SHEET THUMBNAILS



- 38 student activity sheets used in the lessons throughout the manual.
- **Activity sheets are coded:** 
  - LESSON-UNIT-GRADE (ex. Lesson 1, Unit 1 for Grade 2: 1-1-2)
- Thumbnails in Instructor's Manual



#### My Best Self

GRADE TWO STUDENT ACTIVITY SHEET THUMBNAILS

My Self-Concept—A Portroi

DIRECTIONS: Write or draw a picture of your physical, intellectual, and social/emotional goals in each of the boxes at the left of the chart. Then, write the date at the top and draw a smiling face  $\sqrt{10}$ , if you improved or a frowning face \_\_\_ if you need to work harden

My Goals										
My physical self-improvement goal:										
Ny intellectual elf-improvement goal:										
Ny social and emotional elf-improvement goal:										
emember: Be yourself, but be yo	ur hest s	self! An	d make	vour be	est self	even b	etter e	verv da	y of yo	ur life

(Note: All posters and visual aids are coded in the same way.)

- + "Unique T-Shirt"
- + Mirror
- + Salt packets
- + Brass fasteners
- + Clothespin
- + "See-Red Glasses" & red cellophane
- + "Magnifying Glass" Stickers & Visual Aid
- + "Slouch Card" Visual Aids
- + Positive Reinforcement Stickers
- + Positive Action Envelope
- + Poster paper
- Colored poster paper



#### UNIT 3

#### LESSON 42 • UNIT 3 • GRADE 2

#### MANAGING YOURSELF USING SOCIAL/EMOTIONAL POSITIVE ACTIONS

Purpose: To introduce Unit 3—Managing Yourself Using Social/Emotional Positive Actions.

Materials Needed: Permanent marker, scissors, tape or tacks

Materials Provided: Positive Behavior Chart, "Eric the Elephant Heart" Visual Aid 42-3-2, "Eric

the Elephant" Poster 1-1-2

#### Procedure:

- TEACHER: Before the lesson, prepare and display a Positive Behavior Chart for Unit 3. Write your name, the grade, and the room number at the top of the chart. Write your students' names in alphabetical order down the left side. Then, write the eight positive actions for Unit 3 at the top of the columns.
- Managing time
- 2. Managing energy
- 3. Managing possessions
- 4. Managing money
- Managing talents
- 6. Managing thoughts
- 7. Managing actions
- 8. Managing feelings
- SAY, "Today we'll do a quick review of the *Positive Action* lessons we have studied so far this year. You have learned that using positive actions helps you feel good about yourself and be an achiever, and that there are specific positive actions you should choose to care for the needs of your body and your mind."
- 2) "Let's review these. Who can remember some positive actions that meet the needs of a healthy body?" (Nutrition, cleanliness, daily exercise, getting enough sleep and rest, taking care of your teeth, avoiding illnesses, using medicines correctly, and avoiding things that harm your body.)
- 3) "Can anyone remember the positive actions that meet the needs of a healthy mind?" (Curiosity, creative thinking, learning about new things, problem-solving, and strengthening your memory.)
- 4) "There are specific positive actions you can use to fulfill the needs of a healthy body and healthy mind. But those are only two sets of needs we all have. A third set of needs that must be met to have

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# Grade 2 Unit 3 Lesson 42

#### LESSON 42 • UNIT 3 • GRADE 2 (Continued)

a healthy self-concept and to achieve is the set of **social and emotional needs**. Social and emotional needs are the needs that have to do with our feelings."

5) "The Positive Action lessons for the rest of this year will be about meeting our social and emotional needs using positive actions. The first social and emotional positive actions we will learn will help us become positive self-managers. We will learn about eight gifts we can manage to take care of ourselves so we can be happy and successful achievers!"

TEACHER: Display your prepared Unit 3 Positive Behavior Chart.

Every Day

SAY, "As we learn about each of those gifts, we'll mark off the positive actions we accomplish on our Positive Behavior Chart."

6) TEACHER: Display "Eric the Elephant Heart" Visual Aid 42-3-2. You may want to cut out the heart.

SAY, "I'm going to put this heart on Eric to remind us that we will be learning about positive actions that meet our social and emotional needs. What we learn will help us feel good about ourselves."

7) TEACHER: Affix "Eric the Elephant Heart" Visual Aid 42-3-2 to "Eric the Elephant" Poster 1-1-2 in the correct location on his chest.

#### OUR Positive Behaviors

Positive Action. Lessons for Life: Unit

CLASS Teacher's Name

STUDENT'S NAMES

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1											
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					Positive I	lehavior Chart © Cop	yright 2009–2019 by	Positive Action, Inc. F	hinted in the U.S.A. A	Il international rights	reserved. 2.3-19

Remember to Use Them

**Positive Actions** 



# Middle School Kits

**Engaging & Ready-to-go** 

#### **Grade 6**

Units 1-6; 139 lessons

#### **Grade 7**

Units 1-3; 82 Lessons

#### **Grade 8**

Units 4-6; 82 Lessons

**15-20-minute**; interactive, scripted lessons

**Materials: 30 students** 

#### Lesson strategies & methodologies:

- Posters, games, manipulatives
- Stories, discussion, radio scripts& role-playing



#### **Becoming** a **Self-Concept Scientist**

Goal: • To introduce the Positive Action program, and to introduce Unit 1—Self-Concept: Its Definition, Formation, and Importance.

- Objectives: To learn that the Positive Action philosophy is, "You feel good about yourself when you think and do positive actions, and there is always a positive way to do everything."
  - . To learn that total self-concept is the way we think and feel about our physical, intellectual, social, and emotional selves.
  - To learn that self-concept is an attribute that can be studied and analyzed through self-evaluation in order to monitor progress and assess opportunities for improvement.

#### Materials Needed

#### √ Scissors

- ✓ Pens
- ✓ Container to use as a time capsule

#### **Materials Provided**

- √ 30 Self-Concept Scientist's Log Activity Booklets: 1-1-7
- √ 30 Positive Action Envelopes
- √ 30 Letter-size envelopes
- √ 30 Positive Action Journals

#### **Procedure**

Unit 1

Say: Today we begin an exciting program called Positive Action. We'll learn the philosophy that "we feel good about ourselves when we think and do positive actions, and there is always a positive way to do everything." We'll learn that one of the keys to feeling good about ourselves is figuring out our self-concepts and how our thoughts, actions, and feelings affect them. Do you know what a self-concept is?

Teacher: Write "self-concept" on the board. Wait for responses.

Say: You may or may not have heard this term before, but in Positive Action we'll learn to define it as "how we think and feel about ourselves." There are many factors that influence our self-concepts, and we'll learn about each of those as we move through Unit 1. For now, however, let's consider that our total self-concept is composed of how we think and feel about our body, mind, interactions with others, and feelings-all rolled into one. We call these the physical, intellectual, social, and emotional areas of the whole self. We'll start by learning how our self-concepts are formed and how we

Lesson 1

can keep them positive by practicing skills to feel better about ourselves. We'll start taking control of our lives and feeling good about ourselves at the same time.

All of us, including me, will learn more about ourselves throughout the Positive Action Grade 7 curriculum through self-evaluation. Together, we will discover positive ways to like ourselves and to feel good about the choices we make. Think of yourselves as self-concept scientists this year, just like scientists who study animals, plants, space, ancient civilizations, or weather. We'll observe, experiment, and make continual discoveries that will help us understand how our thoughts, actions, and feelings influence how we think and feel about ourselves. And what is the way we think and feel about ourselves called?

Teacher: Wait for responses until you hear "self-concept."

Say: I can tell you are going to make great self-concept scientists! In fact, our first experiment starts today!

Scientists are careful observers. They observe carefully because they are trying to find answers to complicated problems and deal with challenges that impact our well-being. This takes determination, stamina, brain power, and all of their senses when they observe. They look, hear, touch, listen, and even use the sense of smell to assist them in remembering what they have observed. What do scientists do after they conduct experiments and do research in their fields of study?

Teacher: Wait for responses until you hear something like, "They record their data."

Say: The next step is for scientists to record the data they find. Why do scientists record

Teacher: Wait for responses until you hear something like. "So they can measure progress."

Say: Recording data allows scientists to compare the latest data with previous information so they can determine their progress. They must have a **BASELINE** of information (or a starting point) when dealing with a challenging puzzle or answering a tough question. When they do more research, they compare their latest findings with the baseline and interpret their results in order to come to a usefully truthful conclusion. So, we are going to start with our own baseline. Have you ever heard of a TIME CAPSULE?

Teacher: Wait for responses.

Say: Scientists and historians study time capsules as a way to discover things about history and the people who have come before us. Often buried for 50, 100, or even thousands of years, these time capsules capture a small piece of a culture, and the contents within stay unchanged even as the world around changes drastically. As self-concept scientists, we are going to create a time capsule of our self-concepts as they are today: how do we think and feel about ourselves now, without ever having completed a Positive Action Grade 7 lesson? This will be our baseline, used to compare to a later analysis of our self-concepts. It is also called the PRETEST by researchers. Then, at the end of the Positive Action Grade 7 curriculum, we will once again evaluate our

Unit 1 Lesson 1

#### Grade 7 Unit 1 Lesson 1

(All 6 Units are integrated) self-concepts. This will be called the *POSTTEST*, and we'll compare it to the pretest by opening the time capsules to discover the strides we have made in improving our self-concepts. We won't leave the time capsule for hundreds of years, but I think you'll find that the person represented in that time capsule will be quite different than the person who opens it many months later.

**Teacher:** Distribute *Self-Concept Scientist's Log* Activity Booklets and letter envelopes to students. Direct them to turn to "Self-Concept Time Capsule" Activity Sheet 1-1-7 and follow the directions to fill in the activity sheet. Encourage them to answer honestly and assure them that no one else will be reading what they write. Then, direct them to cut it out, fold it, place it in the envelope, and seal it. Lastly, direct them to write their names and the date on their envelopes. Collect the envelopes and store them in a container that will serve as a time capsule until Lesson 76.





Say: You will be using this activity booklet throughout the entire curriculum, so you need to take good care of it. You will also be using a *Positive Action* Journal in many lessons. You will keep both of these in your *Positive Action* Envelope.

**Teacher:** Distribute *Positive Action* Journals and *Positive Action* Envelope to students. Then, direct them to write their names on their *Positive Action* Journals, *Positive Action* Envelopes, and the first page of their *Self-Concept Scientist Log* Activity Booklets.

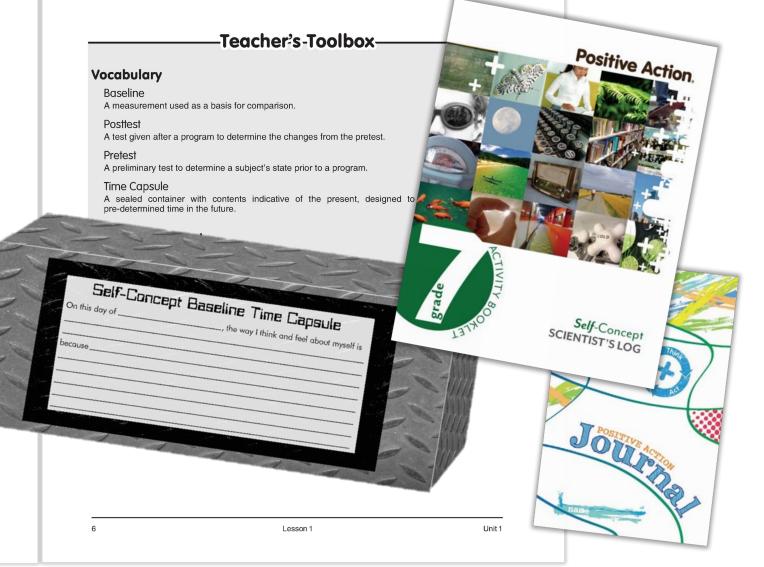




Say: Positive Action Grade 7 is an extraordinary program because it is designed specifically for students your age, and everyone will be able to participate in enjoyable, interesting,

Grade 7
Unit 1 Lesson 1

and creative activities. During the next lesson, you will be able to take part in our classroom's own *Positive Action* radio talk show by calling in with answers to questions that are relevant to your lives, and the lives of teens across the world. You will also get to take turns reading the parts of characters in a continuing radio play that is presented during the talk show. We're in for an exciting journey of self-discovery!





# High School Kits

**Engaging & Ready-to-go** 

**HSK1** – Life's Big Question: "Who Am I?"

**HSK2** – Lives on the Line Play

**HSK3** – *Projects for Teens* 

**HSK4** – Life Training for Teens

o 132 Lessons

15-20-minute; interactive, scripted lessons

**Materials: 30 students** 

**Lesson strategies & methodologies:** 

- Role-Playing, stories, posters, activities, and discussion
- Projects, peer-mentoring



#### How Do I "Own the Problem"?

of telling ourselves the truth by acknowledging the truth and refusing to blame others. **Goal:** • To apply the social and emotional positive actions

**Objective:** • To complete an activity sheet on acknowledging our mistakes and refusing to blame others.



Unit 5



#### **Procedure**

Say: Last time, we discussed how negative actions, such as complaining about our lives and blaming others for our problems can impact our lives. Let's think a moment about blame. What is the opposite of blaming others?

**Teacher:** Wait for responses. Guide toward: Taking responsibility for our own thoughts and actions.

Say: How can taking responsibility for our own thoughts and actions make a difference in our lives?

**Teacher:** Wait for responses.

Say: The more responsibility you take for your own thoughts and actions—and, therefore, your own life—the less you'll need to blame other people and other situations, and—the more positive power you will have over your own life. If you own the problem, you own the solution. Does that feel true to you? Why or why not?

**Teacher:** Wait for responses.

Say: The positive action is to acknowledge your mistakes and not blame anyone else for the problem—even though other people do things all the time that are problematic. Why is that so important?

Teacher: Wait for responses. Guide toward: Depending upon your mistake, you'll need to make amends by apologizing and/or fixing the problem.

**Say:** It's vital to make things right—emotionally and socially. Why?

Teacher: Wait for responses. Guide toward: Your self-concept, your conscience, your character will act up until you fix it.

Say: Blaming other people takes away your power to make a bad situation better. Blaming others can make you feel like a VICTIM.

As long as you think you are a victim, you feel powerless-and you are. That kind of thinking is ubiquitous in our culture. Of course, the opposite is also true. What would that truth be?



#### Lesson 101-Who Am I as an Honest Self with Myself and Others?

#### Lesson 101 - Who Am I as an Honest Self with Myself and Others?

#### Unit 5, Lesson 101

DECISION TREE

Teacher: Wait for responses. Guide toward: When you accept responsibility for a problem, you have power to resolve it.

Distribute "Decision Tree" Activity Sheet 101-5-HSK1



Ask the students to reflect on the Decision Tree sheet. Reinforce the concept that when they choose to donegative actions, such as complaining, blaming others, and gossiping, (using a negative Thoughts-Actions-Feelings Circle) their power stops at that point. And when they take responsibility for their thoughts and actions, and their lives, (using a positive Thoughts-Actions-Feelings Circle) they take back their power—become POWERFUL—and can make positive changes in their lives.

**Teacher:** Do the activity. Review the results, in a general way.

#### -Teacher's-Toolbox:

#### Vocabulary

#### Powerful

Having, or capable of exerting power.

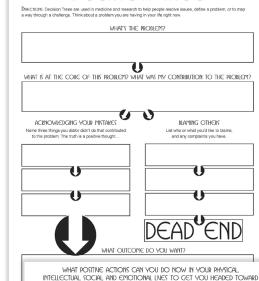
#### Victim

One who is harmed by, or made to suffer from, an act, circumstance, or condition. A person who is tricked, swindled, or taken advantage of.

#### **Media Enrichment**

The Emperor's Club is a movie about an English Classics professor, William Hundert, who finds his world turned upside down by an incorrigible student. Hundert makes the wrong decision and is haunted by the consequences 25 years later; a decision that he has to acknowledge to himself and to other people. PG-13. It's a wonderful study of character, complex and daunting

The Road Less Traveled by Scott Peck is a thoughtful, kind study in character and its outcomes. It may be too dense for some high school students, but certain passages can provide good insights.



A POSITIV	E RESOLUTION?
	U
PHYSICAL POSITIVE ACTIONS	<u> </u>
INTELLECTUAL POSITIVE ACTIONS	
Included in the Political	U
SOCIAL POSITIVE ACTIONS	U
EMOTIONAL POSITIVE ACTIONS  POSITIVE FEELINGS AND POSITIVE POWER	U
What are you feeling?	



# Supplemental Kits

Kits stand alone or with curriculum kits

#### **Elementary Bullying Prevention Kit**

- o **21 lessons**; 30-minute
- Materials: 30 students
- Lesson strategies: Posters, stories, games, Positive
   Behavior Plans and Celebrations

#### **Drug Education Kits**

- Elementary: 18 lessons; 15-minutes
- Secondary: 30 lessons; 20-minutes
- Materials 30 students
  - Lesson Strategies: Posters, games, discussion;
     secondary includes a play script and music

#### **Conflict Resolution Kit**

- o **7 lessons**; 15-20-minutes
- Materials: 1 Set of "Conflict Resolution Plan Scenarios", 100 "Conflict Resolution Plans", 4 "Decision-Making and Problem-Solving Checklist" Notepads (25 pages in each)
- Strategies: Practice using "Conflict Resolution Plans"



# Climate Development Kits Site-Wide Positive Reinforcement

#### **Elementary Climate Development Kit**

- Manual
- Materials 5 Committee Members
- Materials 6 Teachers
- Activities, Words of the Week Cards, stickers, assemblies, ICU Boxes

#### **Secondary Climate Development Kit**

- Manual
- Materials 500 Student "PALS Club" cards and Peace Flag
- Activities, projects, Buzz Words, assemblies, SOS Boxes



## Counselor's Kit

For individuals, small groups, classrooms, & families

#### Manual: Positive Actions for Living

42 lessons; 30-45 minutes each

Materials – 6

#### **Lesson Strategies:**

Stories, games, posters, music

#### **Other Materials**

- Topical Guide
- Conflict Resolution Plan & Teacher's Guide
- Positive Behavior Plans/Celebrations
- o ICU Box



# Parent & Family Kits

**Engaging Parents & Families at Home** 

**Family Kit** — Stand alone and for classes

- Manual: Positive Actions for Living
  - 42 lessons; 30-45 minutes
- Lesson Strategies: Activities, stories, games, posters & music
- Materials: for 6
- Free Online: <a href="https://www.positiveaction.net/teach">https://www.positiveaction.net/teach</a>

Family Classes Instructor's Kit
Parenting Classes Instructor's Kit

# Technology





#### **Teach App**

- Family Kit & Parent Guide (elem.) available for Free
- Request digital resources for virtual delivery and other support
- Program Music
  - PA music: Original and Vintage tracks
  - SEL music
  - Song lyrics
  - Sheet music
  - Stories (Kindergarten)
- Kit and other implementation resources
- Create a free account for full access: <a href="https://www.positiveaction.net/teach">https://www.positiveaction.net/teach</a>

## **Climate Goals**

#### To Create a Place That Is:

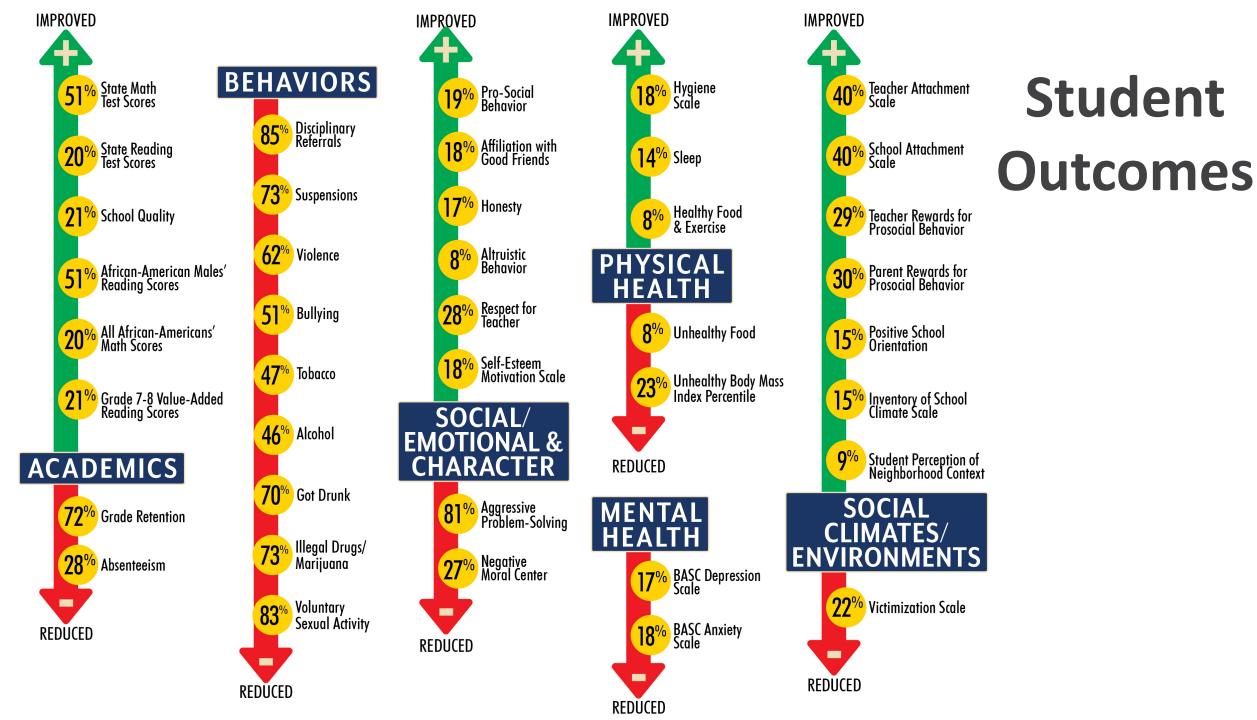
- + Positive
- + Safe
- + Welcoming
- + Inclusive

#### Where *Positive Actions* are:

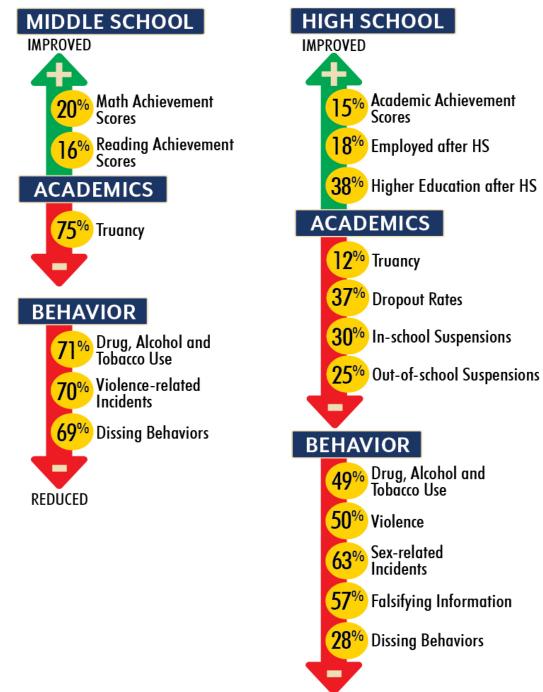
- Modeled & Practiced
- + Recognized & Reinforced
- + Providing New Experiences
- + Contributing to the Climate





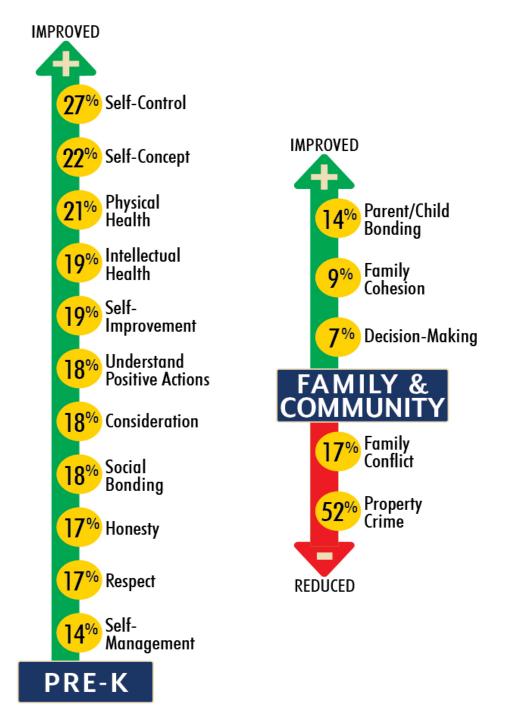


# Student<br/>Long-Term<br/>Outcomes



REDUCED

# Pre-K & Family/Community Outcomes

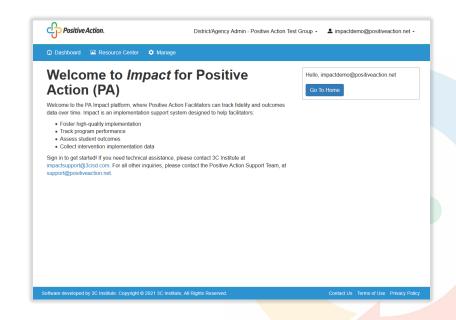




#### Free Assessment Measures:

- + Impact Implementation Support Platform
  - + Customized for *Positive Action* to collect and track fidelity, progress and outcomes data online
  - + Monitoring Fidelity: assess the level (dosage) and quality (integrity) of implementation
    - + Weekly, Unit and End-of-Year Implementation Reports
  - + Outcome Measures: assess short-term/immediate and long-term effects
    - + Student Pretest/Posttest Surveys

+ Contact a program consultant for assistance.



## **Economic Benefits**

#### **Cost-Benefits Analyses**

**Washington State Institute of Public Policy** 

For every \$1 spent – \$32.65 in benefits

Columbia University – Teacher's College

For every \$1 spent – \$10.14 in benefits

**Pennsylvania Commission** 

For every \$1 spent – \$217.89 in benefits



Aggregate Return on Investment (ROI)

8,580%

## Takeaway

Positive Action has the highest returns of any SEL program analyzed. For every \$1 spent, there is an average of \$86 in return.

# Program Pricing

#### **Program Materials**

#### Pre-K-12 Curriculum Instruction Kits

- + Pre-K: \$445
- + Kindergarten: \$575
- + Grades 1–6: \$400 each
- + Grades 7–8: \$525-\$550 each
- + High School Kits 1–4: \$515-\$735 each
- + Average Student Cost: \$17 initial year; \$7 successive years
- + Volume Discounts available when purchasing multiple kits per grade level
- + Spanish available for K-4 and 7-8

#### + Supplement Kits

- + Elementary Bullying and Elementary Drug Education: \$250 each
- + Secondary Drug Education: \$450
- + Conflict Resolution: \$150

#### + Climate Development Kits

- + Elementary: \$500
- + Secondary: \$510
- + Counselor's Kit: \$200

#### + Family Kits

- + Family Kit: \$250
- + Family Classes: \$2300
- + Parenting Classes: \$1800





# Program Pricing Products

#### + Starter Bundles

An easy way to jumpstart your SEL initiative with a savings of nearly 20%.

- + Elementary: \$2320
  - + K-5 Instructor's Kits
  - + Free shipping
- + Middle School: \$1310
  - + Grade 6–8 Instructor's Kits
  - + Free shipping
- **+ High School: \$2160** 
  - + High School Kits 1–4 Instructor's Kits
  - + Free shipping







Bundles may not be modified or combined with other discounts. One bundle of each allowed per school/site.

# Program Pricing Training and Support

#### Orientation Implementation Training

- + Live Webinar: \$400 per hour
  - + 2-6 hours average depending on scope; max 20 participants
- Onsite: \$5,000 per day plus travel expenses
  - + 1 day depending on scope; max 50 participants

#### + Training-of-Trainers (TOT)

- + Live Webinar: \$500 per hour
  - + 6+ hours depending on scope; max 20 participants
- + Onsite: \$5,500 per day plus travel expenses
  - + 2-5 days depending on scope; max 20 participants

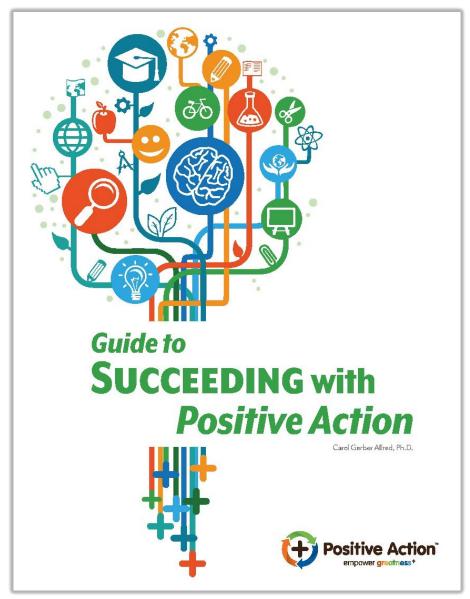
#### + Technical Assistance

- + \$400 per hour
- + Live Webinar or Conference Call



# Guide to Succeeding with Positive Action

- + Implement with fidelity for optimal outcomes
- + Follow the steps in the guide.
- + 3 Parts with 4 Steps:
  - + Part One: Program
    - + Plan
    - + Prepare
    - + Implement
    - + Assess
  - + Part Two: Classroom (Lessons)
    - + Plan
    - + Prepare
    - + Implement
    - + Assess
  - + Part Three: Climate Activities
    - + Plan
    - + Prepare
    - + Implement
    - + Assess





"How wonderful it is that nobody need wait a single moment before starting to improve the world."

—Anne Frank





# Contact your Program Consultant for more information

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